

# Supplement Facts

Serving Size 1 Capsule

Servings per Container 100

|                     | Amount per Serving | % DV |
|---------------------|--------------------|------|
| Calories            | 20                 |      |
| Total Fat           | 2 g                | 3%*  |
| Saturated Fat       | 0.5 g              | 3%*  |
| Polyunsaturated Fat | 1 g                | †    |
| Monounsaturated Fat | 0.5 g              | †    |
| Vitamin A           | 765 mcg            | 85%  |
| Vitamin D           | 21 mcg             | 105% |
| Omega-3 fatty acids | 0.5 g              | †    |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

**Other Ingredients:** Cod liver oil, gelatin, water, and glycerin.